

## ***Do Lead* Chapter 5 Worksheet: Hotspots**

We've seen that the Enterprise Commitment is what is needed to adopt the mindset of a Synergist. At times, however, it's good to be proactive in identifying when you will be more likely to slip back into your natural V, O, or P style. This worksheet will help you to identify those times and what to do about it.

We are more likely to slip back into our natural style when others say or behave in a particular way or when we are experiencing certain emotions. For each of the hotspots in the table record what your natural response is and what you can do to prevent that from causing you to revert back to your natural style.

<b>Hotspot</b>	<b>Your natural response</b>	<b>What I should do when this happens</b>
When others use the following vocabulary...		
When others exhibit the following behaviours...		
When the following things happen...		
When I feel...		
When I think...		
When....		